

## Appendix 1

### Service Provision

The overview of service provision below is split into A) Sport & Physical Activity and B) Health & Wellbeing:

**A) The Sport & Physical Activity (SPA) service** provision being offered by BDC is to deliver an O&W SPA Plan through the development and delivery of the SPA Commissioning Plan (funding from Public Health via Active Together). BDC would write, deliver and evaluate a plan acceptable to OWBC and Active Together based on the needs of OWBC residents. Programmes and work areas will include:

- Exercise Referral
- Cardiac Rehab
- Steady Steps (funding dependent)
- Walking
- Running
- Cycling
- Communicating the Physical Activity Narrative (Let's Get Moving campaign)
- Digital Offer through LSA website and Social Media
- Link to SSPAN programmes
- Workforce Development
- Supporting Active Together and Public Health programmes/campaigns locally

BDC will also support the provision for more strategic actions relating to SPA, such as;

- Writing of Commissioning Plans
- Reporting of Commissioning Plans twice a year as requested by Active Together
- Attend meetings linked to SPA (ie. CSCOPs; Locality Leads; Task & Finish groups; YEA leads; Steady Steps co-ordinators; Exercise Referral co-ordinators)
- Write appropriately proportional funding applications for associated programmes
- Internal OWBC reports to an identified OWBC officer at an agreed schedule

**B) The Health & Wellbeing (H&W) service** provision being offered is to work with the Integrated Care System (ICS) to develop and deliver a Community Health & Wellbeing (CHWB) Plan for O&W, identifying local health priorities and then a clear action plan of how partners can work together to deliver this. The work will include:

- Development of CHWB Plan – identifying health priorities in the O&W Borough, across the key life stages

- Line management of a dedicated Health & Wellbeing Officer for work in the O&W Borough (3 days per week - to be recruited by BDC)
- Operational delivery of the priorities identified in CHWB Plan
- Monitor, evaluate and report on the CHWB Plan progress to the ICS and an identified OWBC officer
- Identify and build relationships with key stakeholders & partners to support delivery of the CHWB action plan
- Co-ordinate quarterly strategic / operational updates with the ICS (a local partnership group)
- Line Management of Public Health Apprentice from Leicestershire County Council
- Explore the opportunity for a fully externally funded Neighbourhood Mental Health Coordinator for the O&W Borough (Blaby has been able to secure this additional resource and can explore the same for O&W)
- Line Management of the above post if funding is secured / available for this